

Human Parasites ...the 'other' American Plague!

Imagine your perfect dream home -- Most people want their home to be warm, protected, spacious, and free from the stress of their stressful daily life. What if we told you that you could have this home for free, and on top of that we would deliver free meals directly to you 3 times a day for the rest of your life? Sound too good to be true? Well, for a human it is, but it's not for the parasites that have gladly moved into your large intestine or colon. To these parasites, your colon is their "Garden of Eden" in which they happily flourish, so long as you do nothing about them. **Why should you be concerned?** Because you likely have such parasites and don't even know it. Testing for parasites is only available for about five percent of the known varieties with only a twenty-percent accuracy. This is a topic that most people do not want to discuss, let alone think about, but reality must be faced.

Look at these headlines and see for yourself:

[Prevalence of Parasites in Fecal Material from Chlorinated Swimming Pools --- United States, 1999](#)

[The handbook was developed to assist local health departments and water utilities in preparing for and responding to reports of Cryptosporidium oocysts in tap water.](#)

[Parasites and Cancer](#)

[Resurgence of a Deadly Disease](#)

[Water safety still a problem: Clean water advocate](#)

[For Every Paradise, There's A Parasite - Time Asia](#)

[Cuddle with Care, Forget about bird flu or SARS — you're much more likely to get sick from a pet! Time Magazine Feb. 23, 2004](#)

[A Quick Dip In A Dirty Pool, Time Magazine Jul. 18, 2001](#)

[Parasite Image Library](#)

General Symptoms of Parasitic infection

Children: Attention Disorders, Nervousness, Anxiety, Hyperactivity

Men: Sexual Dysfunction

Women: Problems with Menstrual Cycle

ALL:

-Forgetfulness / Unclear thinking

-Slow reflexes / Lethargy

-Gas and/or bloating

-Allergies / Asthma / Wiping of the Nose / Scabby Nose / Nose Bleeds

-Loss of appetite / Cravings for sweets or greasy foods

-Eating more than normal but still feeling hungry

-Yellowish face (jaundice) / Blisters on the inside of lower lip

- Headaches
- Pain in the navel
- Pain in joints / Arthritic Symptoms
- Burning sensation in the stomach / IBS
- Sleep Issues: Drooling / Sleep Walking / Grinding Teeth / Bed Wetting
- Itchy ears, nose, anus
- Immune Dysfunction, Parasites depress the immune system by decreasing immunoglobulin A
- They can also irritate or exaggerate other health problems you may be experiencing.

Do any of these sound familiar?

Although people can potentially live a 'lifetime'* with a parasitic infestation, their quality of life will be seriously affected and they won't even know that it's not normal.

* Please note recent studies have shown a possible link between parasites and a significantly shortened life span (thus we put the term 'lifetime' in quotes -- it may seem like a normal life span, but in reality, years may be taken off the host's lifetime). For example, a study reported in the Sept. 13, 2002 issue of Science magazine found that parasites may be the cause of women living longer than men (In the U.S., men are twice as likely as women to contract a parasite). [1]

By now, you might be thinking, "Wow, that's pretty serious but it could never happen to me, because I take care of myself." However, this misconception could not be further from the truth. In reality, these parasites have each found successful ways of getting into our protected bodies, and we're all at risk. If they were not so sneaky do you think they would still be around pestering us today?

The Parasitic Relationship

A parasitic relationship is defined as one in which one organism feeds off of a host, who receives nothing in return (except maybe a weakened immune system!) In the initial stages of infection, this parasitic relationship does not kill the host; it would not be smart for a parasite to kill the very being that's nourishing it!

Parasitic relationships can be witnessed between organisms of lower order, ranging from single-cell organisms, such as protozoa and bacteria, to more complex organisms, such as worms that infect more complex creatures, such as cats, dogs, birds, and humans.

Parasites steal the nutrients and water that you've consumed, leaving behind toxic waste that may be enough to overwhelm your body's powerful cleansing abilities. In short, your body is left with all the calories and only a few of the nutrients, increased waste, and on top of that, must deal with the danger of potential blockage in your colon due to a number of the nasty critters. And, since doctors typically don't address the issue of parasitic infections, you may have to be your own M.D.!

Parasites are responsible for many health problems because they burrow making Swiss cheese out of your organs. Worm infections can cause physical trauma by

perforating (burrowing) the intestines, the circulatory system, the lungs, the liver or other organs. They can erode, damage or block certain organs by lumping together in balls or tumors. They can be mistaken for cancer tumors, and travel into the brain, heart and lungs. Cancer cases are often afflicted with worms that lump together and look like tumors. Female worms can release 3,000 to 200,000 eggs per day depending on their type.

Parasites give off certain metabolic waste products (toxic waste) that poison our bodies. This particular condition is called verminous in-toxification as the toxins are re-absorbed through the intestines.

Some conditions that promote parasitic infections are excess mucus, an imbalance in the intestinal flora, chronic constipation, and a toxic internal environment. Americans, especially, create the perfect living environment for parasites when their bowels becomes ineffective in the elimination of waste products because of poor diet and elimination practises. Americans are the most anal retentive nation on earth. We procrastinate and do not answer the call of nature right away and eventually loose our ability to eliminate.

This build-up of fecal material on the walls of the colon is attributed to constipation and the amounts of junk food, chemicals, bad fats and sweets we consume. We poison ourselves from our own [toxic waste](#) and the waste from these creatures (auto intoxication) when this ideal habitat for is created. Your bodies have to work twice as hard to remove these toxic waste products and usually cannot keep up, leading to an overall feeling of sluggishness and fatigue, or even worse symptoms of disease.

Prevent, Eliminate Parasites

This topic is very important for total detox and well-being. Most doctors are not trained to recognize the symptoms of parasitic infections. The only way to avoid the problems associated with parasite infections is by educating yourself and:

-Start an herbal parasite detox treatment, like **RenewLife's ParaGONE for Kids** and **Advanced Natural's ParaMax™ for Adults**.

-Flush your bowels with colon hydrotherapy.

-Wash all fruits and vegetables with grapefruit seed extract and water. Scrape off the wax substance on the outer surface on any fruit or vegetable with a knife before washing. Anything with a nick or recess can harbor just about anything and should be cut out. Avoid eating grapes with open splits.

-Thoroughly cook meats and fish. Do not eat raw or uncooked meats or fish. Check for worms, especially on fish. Spray with hydrogen peroxide or wash in ozonated water before cooking. Keep all work surfaces clean.

-Drink pure water. Parasites are associated with many water-borne outbreaks and are highly resistant to conventional methods of disinfecting. Water that is properly purified with ozone is free of parasites.

-Practice good personal hygiene. Wash your hands before eating and after going to the bathroom, changing diapers, or handling pets. Keep your fingernails short and clean. Parasites can live for two months under the fingernails.

-Keep your living environment clean. Breathing the dust in your house can contain human skin, soil particles, or fecal material from dust mites and cockroaches. An easy test to determine if this is a problem is by looking across the room when the sunlight is shining through a window and checking for particles floating in the air. Then let the kids run around for a few minutes and recheck. The elimination of carpets reduces this problem considerably.

-Do not walk barefoot on warm, moist soil or while working in the garden. Parasites are abundant in soil and can absorb (penetrate) through skin cells. Fertilizers are added to garden soil and it is the pets favorite place to go. Use gloves and shoes for protection.

-If pets are infested with parasites, deworm and keep them outside. You are at a higher risk in contracting worms when pets are allowed indoors. Dogs and cats are host to many parasites that humans can contract. Garlic added to their food will help control some parasites. Animals can spread 240 diseases to humans because of parasites.

-Overuse of antibiotics. Reducing the numbers of friendly bacteria in the colon allows for the proliferation of parasites.

-Global travel. Ten years ago, you might have been at a higher risk for parasite infections when traveling to another country. Today, you may be at a higher risk to infection by staying home.

Works Cited

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[3] Natural Healing for Babies and Children. Aviva Jill Romm. The Crossing Press. Freedman, CA 1996.pp188-194

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